## **Microwave Heating Instructions**



**French Toast Sticks (4 pieces):** Place on microwave-safe plate. Cook on high for 1 minute 30 seconds.

**Breakfast Pizza:** Remove from clear overwrap. Place on microwave safe plate. Cook on high for 1 minute 45 seconds to 2 minutes 15 seconds. Pizza is done when cheese is melted.

**Pancake Sausage Roll-ups:** Cook on high for 30 seconds. Turn, then cook for another 30 seconds.

**Nacho Pretzel Pocket:** From frozen, microwave on high for  $2\frac{1}{2}$  - 3 minutes; From thawed, microwave on high for 30-45 seconds.

Teriyaki Beef Nuggets: Microwave in bag on high for 1-2 minutes.

**Corn Dog:** Microwave in bag on high for 1-2 minutes.

**Chicken Patty:** Microwave (patty only) in bag on high for 2-3 minutes, let stand 1-2 minutes before serving; assemble sandwich after patty is cooked.

Chicken Drumstick: Microwave in bag on high for 4 minutes.

**Grilled Cheese:** Open one end of package and place on microwave safe plate. Microwave for 40-50 seconds or until heated through.

Chicken Nuggets & Popcorn Chicken: Microwave in bag for 1½ - 2 minutes.

Bean Burrito: Open one end of package to vent. Cook 45-60 seconds. Let rest for 1 minute after cooking.

Cheese Pizza: Microwave in pizza box for 1 minute. Pizza is done when cheese is melted.

**Cheesy Breadsticks:** On a microwave safe plate, cook for 1 minute. Continue to cook at 20 second intervals until heated through.

\*All cooking times are approximate and based on manufacturers recommendations. Cooking times may vary, adjust accordingly.

\*Caution: food will be HOT.

\*Discard food left out at room temperature for two hours or more.

